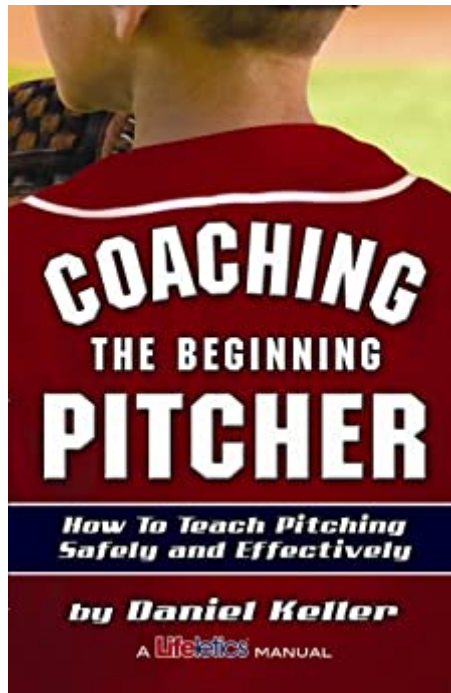




The book was found

Coaching The Beginning Pitcher



Synopsis

Understand and learn to TEACH the pitching motion with innovative and effective coaching techniques and follow a proven, easy-to-follow plan for training and developing young pitchers. Here is your complete coaching reference to pitching mechanics, arm care, pick-offs, mound presence, mental strategy, common flaws and fundamental drills. This book will be the most valuable piece of coaching equipment you own!

BENEFITS AND HIGHLIGHTS:

- Learn to TEACH pitching in addition to understanding it.
- Avoid injury and keep athletes having fun on the mound.
- Help athletes tackle tough mental challenges related to the pitcher position.
- Identify and fix common flaws and errors.
- Set up effective training programs, efficient practices and complete throwing schedules.

TESTIMONIALS

- "This book shows you how to teach your son and work with his teammates; monitor arm health and throwing loads; coach pick-off moves; and increase mound presence. The mental approaches taught in this book are extremely powerful and effective."
- ~Dave Serrano, Cal State Fullerton Head Baseball Coach
- "This book is a must for those considering coaching or instructing youth baseball and a huge help for those who have already begun coaching. PONY Baseball (Protect Our Nation's Youth) believes in the protection of our participants and books, like Dan's, support our mission."
- ~Abe Key, PONY Baseball League, International President and CEO

ABOUT THE AUTHOR: Dan Keller, with experience providing over 10,000 pitching lessons, has been a successful pitching instructor since 1999. A talented speaker and gifted writer, he has spoken to coaching groups across the country and has been published in newspaper, magazine and online media. Keller's students span from first-graders to first-rounders, and his Lifeletics Baseball Academy successfully operates team and individual training lessons, seasonal camps and clinics, success seminars, and pitching-specific programs. This book has enabled thousands to successfully teach their athletes to pitch. Grab this book, gather a plan, and get coaching.

Book Information

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Customer Reviews

I have immediately been able to impact my son's (He's 9) techniques and provide leadership to other young pitchers on his team. There are benchmarks that describe when a child is ready to move forward to a new level based on age, size and experience, so it's a book I will keep as a reference for years to come.

This is an excellent book, self training techniques that will help coaches or independent player to learn the technique for proper pitching. Well written, with good illustration to read and look. I recommend this book for your library of teaching. Most of the technique I had already learn from pitching camp. But this book give you all the pitching technique and more.

This book provides solid insight on how to teach and prepare youth to be pitchers. Dan Keller provides language and concepts that youth can understand. Great find!

Great transaction!

Anyone involved with coaching young boys in kid pitch leagues should be required to read this. Quick and easy read.

I've been coaching little league for some time, and as my boys started getting more interested in pitching I looked to for a good book as guidance. The fundamentals here are perfect, and it's super easy to follow and implement in to your coaching plan. No bull, after practicing these steps with my

boys, they pitched in their first outings and did an amazing job. Lots of cheers! The other coaches asked what I did, and I told them I picked up a book. This is the book. Get it!

What a great "learning book" for little leaguers to have on hand. The book gives excellent advice and training techniques to help young ball players learn how to pitch the correct way. We bought this book for our two grandson's and their dads so they can become better baseball players. The instructions are clear and easy to read and understand.

Out dated, lacks insight into both mechanics and strategies, and overall way over priced relative to other options. Seven years a youth coach here, don't waste your money.

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